



## **PG and Research Department of Botany**

### **Report on Biodiversity Awareness Programme-ആഹാരത്തിലൂടെ ആരോഗ്യം**

The PG and Research Department of Botany, Mercy College, Palakkad, in association with the Biodiversity Management Committee and the Vaidhya Maha Sabha, organized a Biodiversity Awareness Programme as part of the Traditional Knowledge System – An IQAC Initiative. The event was held on 13<sup>th</sup> October 2025 in the college seminar hall from 1:30 to 3:30 pm.

The programme was compered by Ann Mariya, who efficiently guided the proceedings of the session. The event began with a prayer song led by Pooja and Anjana, invoking blessings for a fruitful session. This was followed by a welcome address delivered by Akshara R, who warmly greeted the guests, staff, and students and introduced the purpose of the programme.

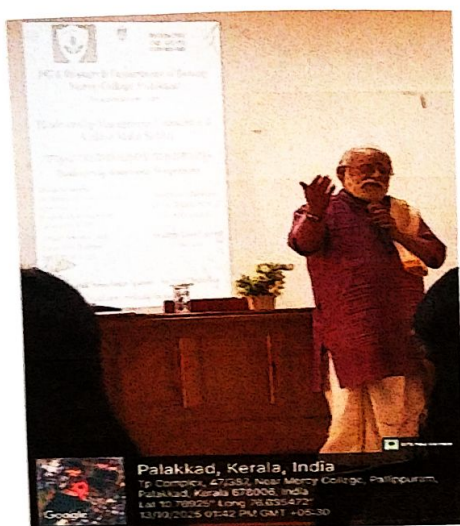
The session was inaugurated by the esteemed resource person, Dr. Mannar G. Radhakrishnan, Convener of the Biodiversity Management Committee, KSBB. The talk was coordinated by Dr. Sr. Sindhu K. K. and Dr. Jelly Louis C, with C. Sravani serving as the student coordinator.

Dr. Radhakrishnan delivered an enlightening lecture on the importance of biodiversity and traditional knowledge systems. He elaborated on the role of traditional foods, medicinal plants, and local biodiversity in maintaining good health and ensuring sustainable living. The students learned about the nutritional and medicinal values of indigenous foods and how such natural resources can be used to regulate health and well-being. Around 104 students were benefited from the session.

A special highlight of the programme was the medical advice session held towards the end, where he personally interacted with students. Many participants took this opportunity to ask questions related to their health, dietary habits, and natural remedies. His responses and advice were highly appreciated by the audience. Various millets and natural Ayurveda products were also exhibited in the session.

The session concluded with a vote of thanks delivered by Safa Fathima, who expressed gratitude to the resource person, coordinators, and all participants for making the event a success.

Overall, the Biodiversity Awareness Programme was a highly informative and interactive session that enriched the students' understanding of biodiversity and the value of traditional health practices. It inspired everyone to preserve biodiversity and incorporate traditional wisdom into their daily lives.



*Jelly Louis .C.*  
HEAD OF THE DEPARTMENT

**Dr. Jelly Louis .C**  
Associate Professor  
Research & PG Dept. of Botany  
Mercy College, Palakkad



*N.M. Lams*  
PRINCIPAL  
PRINCIPAL  
Mercy College, Palakkad-06